

# Jet Seven Travel Seminars

## Carry-on List



P R E P A R E - P R O T E C T - P R O V I D E

### Important Documentation:

- [EZ Show Retractable ID Holder](#)
- ID (yours & child's – photocopy of birth certificate, school, or state ID)
- Passports (yours and ALL children if flying internationally)
- Tickets
- Small Wallet*
- Credit Card
- Cash
- Folder*
- Medical Records (brief – containing immunization record, weight blood type, allergies, and important medical history)
- Medical Consent Form
- Photos: Current Photo of Child
- Variety of Fun Photos (double stick tape them on back of seat in front of you – helps prevent kicked seat & is great entertainment)
- Itinerary Flight Information (flight #'s, airline phone #'s, and confirmation #'s)
- Destination Information (rental car, hotel phone numbers)
- [Travel Insurance Information](#)
- [MedJetAssist Information](#)

### Medication:

\*Liquid medication is allowed through airport security but must be declared separately to security agents. Use Ziploc bag to contain leaks due to pressure changes.

#### Prescription Drugs

- Copy of Prescription, include generic and brand name
- MD note for special food, drink, medication required onboard
- Snacks for diabetics, Inhalers for asthmatics, Snacks/food/Benadryl if child has food allergies, Epi Pen if prescribed
- For medication that needs to be kept cool: [Icybag](#)

#### Over-the-Counter Medications

- (always consult with your physician prior to administering medication to your child)
- Children's/Tylenol/Mylicon/Motrin/Benadryl
  - Boost Child's Immune System; Flying and sick kids do not mix! ([Airborne](#), [Cold Calm Tablets](#), [Oscillococinum for Flu Symptoms](#), [Simply Gargle Salt Water Rinse](#), Zicam Cold Remedy Swabs)

### Supplies:

- Camera
  - Change of clothes for both parent and child
  - Sweater (layer for cold planes)
  - [Hand Sanitizer Wipes](#)
  - Variety of Snacks/Food (granola bars, crackers, raisins, grapes, cheerios, chex mix)
  - Water/Juice (purchase once past security)
  - [Sippy Cup](#)
  - Extra [Pacifiers](#) & [Bottles](#)
  - [Ziploc Storage Bags](#)
  - [Pocket Tissues](#)
  - [PlaneComfort](#) (Light Blanket & Small Pillow)
  - Ear Popper/Chewing Gum (Alleviate ear pain on descent)
  - Glasses/Sunglasses
  - Thermometer
- \**Quart Sized Ziploc Bag containing less than 3 ounces each (labeled in original container):*
- Diaper Cream
  - Chapstick
  - Hand Lotion
  - [Liquid or Foam Hand Sanitizer](#)
  - Gummy Worms (chewing helps alleviate ear pain)
  - Ocean Nasal Spray

### Toys/Entertainment:

- [Electronics](#) (Video iPod/ Portable DVD Player/Gameboy iPod/ Portable CD Player)
- [Quiet Toys](#)
- Books
  - [Activity Book](#)
  - Coloring Book & Crayons
  - [Sticker Book](#)
  - [Crosswords](#)
  - [Invisible Ink](#)
- [Magnetic Tins](#)
- [The Treasure Bag](#)
- [Finger Puppets](#)
- [Suction Cup Critters](#) (or pipe cleaners)

### Flying With An Infant:

- [Bottle](#) (bring extra!)
- [Icybag](#) to keep breastmilk cold
- [Bottle Bungee](#)
- [Pacifier](#) (bring extra!)
- [Burp Cloths](#)
- [Bibs](#)
- [JJ Cole Essentials Travel Pod Set](#)
- [Spoons](#)
- [Cradler Head Support](#)
- [Diapers](#) (pack more than you'll need!)
- [Miracle Blanket](#)
- [Infant Car Seat](#) with [Snap & Go Stroller](#) or [Joovy Ultralight](#)
- [Ergo Baby Carrier](#)
- Rattle
- Hat (protect from draft of air vents)
- [Robeez Shoes](#)
- Infant Socks
- Extra Sleepers
- Extra Outfit

### Flying With A Toddler:

- [Pull-ups](#) ("Flight Pants")
- [Snack & Play Travel Tray](#)
- [Disposable Placemat](#)
- [Quiet Toys & Activities](#)
- [Video iPod](#)
- [Noise Canceling Headphones](#)
- [Books](#)
- [Trunki](#)
- [Robeez Shoes](#)
- Pajamas for Night Flights
- [Lil Topper Bottle Caps](#)
- [2-in-1 Harness Buddy](#)
- [Joovy Ultralight](#) or [Joovy Groove](#)
- Extra Outfit

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

NOTES: